Jabra Elite Sport







User manual

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1. Welcome

Thank you for using the Jabra Elite Sport. We hope you will enjoy it!

Jabra Elite Sport features

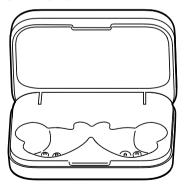
- Superior wireless sound & calls
- Comfortable and secure cord free fit with flexible wearing options
- Enjoy for up to 13.5 hours with the on-the-go charging case
- In-ear precision heart rate monitor and analyzer
- · In ear audio coaching
- Sweat & weather proof with IP67 rating
- · HearThrough to hear your surroundings
- Voice control to answer calls

2. Jabra Elite Sport overview

Jabra Elite Sport Earbuds



On-the-go charging case



2.1 Included accessories

Silicon Eargels Foam tip Eargels

Earwings























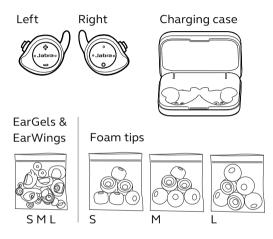


Micro-USB cable



2.2 Replacement accessories

Replacement or additional accessories can be purchased online at jabra.com/accessories.



NOTE: It is important to identify which Jabra Elite Sport model you currently own before purchasing replacements. There are two versions of the Jabra Elite Sport: a 9-hour model and a 13.5-hour model. To determine which model you own, download the Jabra Sport Life app and find the Product ID in the Technical info section. If the product ID is 246F, it is the original Jabra Elite Sport with 9 hours battery. If the product ID is 2479, it is the new black version with 13.5 hours. If the product ID is 2478, it is the lime/grey version with 13.5 hours. Additionally, the different models cannot be used interchangeably (e.g. the lime/grey 13.5-hour earbud with a black 13.5-hour earbud).

2.3 Using a replacement earbud

Before using a replacement earbud it will need to be synced with your current earbud and the charging case.

To sync, place the replacement earbud into the charging case along with you current earbud, and close the lid. The charging case's LEDs may flash purple to indicate the firmware is being updated. Please wait until the LEDs stop flashing purple before opening the charging case and using the Jabra Sport Elite.

For firmware update information, see Section 7.10.

Please note that if the replacement earbud was the right earbud, you will need to re-pair the Jabra Sport Elite to your smartphone, and then re-update the firmware. See Section 5.1 and Section 7.10.

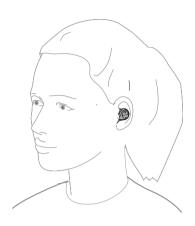
2.4 Using a replacement charging case

Before using a replacement charging case it will need to be synced with your current earbuds. The charging case should also be charged for 1 hour before placing the earbuds inside it.

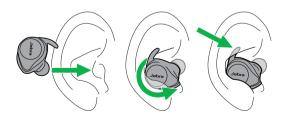
To sync, place your current earbuds into the replacement charging case, and close the lid. The charging case's LEDs may flash purple to indicate the firmware is being updated on the replacement charging case. Please wait until the LEDs stop flashing purple before opening the charging case or using the Jabra Sport Elite.

For firmware update information, see Section 7.10.

3. How to wear

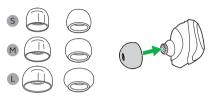


The top of the EarWing should fit tight into the ridge of the ear.



3.1 Changing EarGels

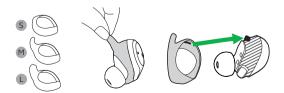
For the optimal audio experience, try each of the different EarGel sizes. The fit should feel tight and secure in your ear.



3.2 Changing EarWings

For the most secure fit during your workout, and for accurate heart rate monitoring, try each of the different EarWing styles.

Remove the current EarWing and pull the new EarWing onto the earbud, as shown. You may have to stretch the EarWing into position.



4. How to charge

The Jabra Elite Sport offers up to 4.5 hours of playtime (depending on the model). With 2 full recharges in the charging case, you can enjoy up to a total of 13.5 hours of on-the-go battery.

4.1 Charging the earbuds

To recharge the earbuds, simply place them in the charging case and close the lid. The LEDs on the front of the charging case will flash red, yellow or green to indicate the earbuds current battery status.



It takes approx. 2 hours to fully recharge the earbuds. If the earbuds are at low battery, 20 minutes in the charging case equals up to 1 hour of playtime.

4.2 Charging the charging case

To power up the charging case, simply plug it into a USB power supply or wall charger. It takes approx. 2 hours to fully power up.

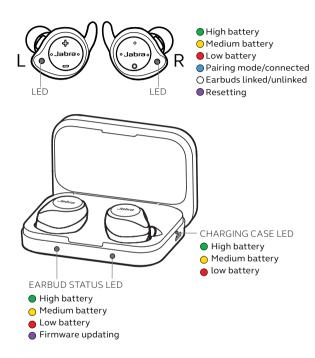


The LED above the USB port will light up red when charging, and green when fully charged. It takes approx 3 hours to fully charge both the earbuds and the charging case together.

The charging case is designed to be charged using a standard USB voltage of 5v. It is not recommended to charge using a power supply with a higher voltage as this may damage the earbuds and/or the charging case.

Note: non-certified chargers may take longer to charge than 2 hours.

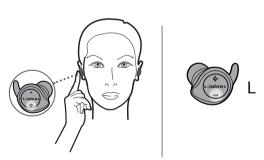
4.3 What the LEDs mean



5. How to connect

5.1 Pairing with a smartphone

- Press and hold the Multi-function button on the right earbud for 3 seconds until you hear the connection instructions. Release the button.
- 2. Follow the voice-guided connection instructions to connect to your smartphone.
- 3. You may need to press and hold the Volume down button for 3 seconds on the left earbud to turn it on (only necessary for first time use).



6. Jabra sport life app

The Jabra Sport Life app is a free app that offers:

- VO2 Max testing: gives an accurate measurement of your fitness level
- Heart rate monitoring: track and analyze your cardio performance
- Race Time Predictor: accurately estimates your finish time
- Recovery Advisor: helps detect signs of over-training
- Jabra Elite Sport firmware updating

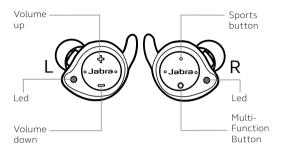








7. How to use



7.1 Turn earbuds on/off

The earbuds are turned off/on whenever they are placed in the charging case, and the case is closed or opened.

The earbuds can also turned off/on individually by holding down the **Multi-function** button (right earbud), or the **Volume down** button (left earbud), until the LED flashes.

7.2 Single earbud use

The right earbud can be used individually for mono playback or calls. For volume and skip track controls, pleae use your connected smartphone.

When both earbuds are turned on and are within 25cm range, they will automatically relink.

7.3 Calls & music

Right earbud	Calls & music		
	Play/pause music	Tap the Multi-function button	
	Answer/end call	Tap the Multi-function button	
o Jabrae	Reject call	Double-tap the Multi- function button when there is an incoming call	
	Activate Siri/Google Assitant/ Cortana	Press (1 sec) the Multi-function button when not on a call.	
	HearThrough on/off	Double-tap the Multi-function button when not on a call	

Right earbud

Calls & Music



Sidetone on/off

Press and hold (2 secs) the **Multi-function** button and the **Sports** button simultaenously when not on a call

Left earbud	Calls & Music		
	Adjust volume	Tap the Volume up or Volume down button	
o Jabrino	Skip track	Press and hold (2 secs) the Volume up or Volume down button when listening to music	
r	Battery status	Tap the Volume up or Volume down button when not on a call or listening to music	

7.4 Sports button

Right

When using the earbuds with the Jabra Sport Life app you can control your workout and listen to on-the-go workout updates by tapping or pressing the **Sports** button.

Before workout

Turn on/off the

On-the-go

updates

curbuu	earbud				
o I -	Start Sport app	Tap the Sports button			
e Jabras	Start workout	Press and hold (1 sec) the Sports button			
	1)uring workout				
Right earbud	During workout				
	During workout Pause/resume workout	Press and hold (1 sec) the Sports button			

Double-tap the **Sports**

button

7.5 HearThrough

HearThrough utilizes the in-built microphones to enable you to pay attention to your surroundings and engage in conversation without needing to remove the earbuds.

HearThrough settings can be configured using the Jabra Sport Life app.



Note: Windy conditions may affect the quality of HearThrough.

7.6 Sidetone

Sidetone is a feature that enables you to hear your own voice when you are on a call. Firmware version 3.8 or higher is required to turn Sidetone on/off.



Sidetone can also be turned on or off using the Jabra Sport Life app.

when not on a call

7.7 Auto power off

When the right earbud is out of range or not connected to your smartphone for 15 mins, or has not been active for 1 hour, it will power itself off to save battery.

When the left earbud has not had a link with the right earbud for 15 mins, it will power itself off to save battery.

7.8 Multiple call handling

The earbuds can accept and handle multiple calls at the same time.

Right earbud	Multiple call handling			
	End current call and answer incoming call	Tap the Multi- function button		
- Candel of	Put current call on hold and answer incoming call	Press and hold (2 secs) the Multi- function button		
	Switch between held call and active call	Press and hold (2 secs) the Multi- function button		
	Reject incoming call, when on a call	Double-tap the Multi-function button		

7.9 Voice guidance and languages

Using the Jabra Sport Life app, the voice guidance can be turned on/off, and the language can be changed.

The following languages are available: English (US), French, German, Japanese, Chinese.

7.10 Update firmware

The Jabra Elite Sport can be updated to the latest firmware version using the Jabra Sport Life app. You will be automatically notified in the app when a firmware update is available, or you can find it under 'Headphone Settings' in the 'Settings' menu.

When the Jabra Sport Elite is firmware updating, please allow the update to fully complete, which can take up to 15 minutes. It is recommended to wait 10 seconds after the LEDs stop flashing purple before opening the charging case.

7.11 How to reset

Resetting the earbuds clears the list of paired devices. After resetting, it is necessary to re-pair the earbuds to your smartphone.

Right earbud	Reset			
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Press and hold (5 secs) the **Multi-function** button and the **Sports** button until the LED flashes purple.

8. Support

8.1 FAQ

View the FAQs on Jabra.com/help/elitesport

8.2 How to care for your earbuds

- Always store the earbuds in the charging case and safely protected.
- Avoid storage at extreme temperatures
 (above 65°C/149°F or below-10°C/14°F). This
 can shorten battery life and may affect the
 earbuds.
- The charging case is designed to be charged using a standard USB voltage of 5v. It is not recommended to charge using a power supply with a higher voltage as this may damage the earbuds and/or the charging case.